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## **Body Workers and fitness equipment - wanted for the Free Flow Dance Theatre Health Program**

Jackie Latendresse, artistic director of the Saskatoon-based professional contemporary dance company (<a href="www.freeflowdance.com">www.freeflowdance.com</a>) is seeking Body Workers of all kinds to participate in the upcoming season of our Dancer Health Program. Free Flow is a charitable org and is currently accepting Body Workers, massage, physiotherapy, osteopathy, foot care, dental, etc. who are based in Saskatoon who are interested in working with our professional dancers for a few hours per month or as needed. Please get in touch if you would like to be a part of this very important program designed to increase the health and longevity of our performers. Contact us by email: <a href="ffdanceassistant@gmail.com">ffdanceassistant@gmail.com</a> or call 306-665-5998. Include your contact information and a description of your therapy or specialization. Website links are welcome.

## **Program and Donation Details**

Registered Body Workers will work with Free Flow Dance Theatre Company professional dancers and guest artists to help strengthen and lengthen their performance careers through promoting and encouraging dancer health and proper body care. Interested Body Workers will be provided with a FAQ sheet, copy of our dancer code of conduct along with information on specially tailored marketing packages or charitable receipting options. This is a great opportunity for therapists to show their support of the Saskatoon Arts community.

Free Flow also welcomes contributions of fitness equipment such as yoga blocks, foam rollers, ice packs, Thera-bands, Pilates equipment etc. If your company would like to donate any of these items please contact us. For more information or to get involved please drop us a line! Thank you for supporting Saskatoon's professional dance company!

We welcome:
Physiotherapy
Massage therapy
Podiatry and other foot care such as pedicurists
Osteopathy
Dieticians
Sports therapy
Dentists
Fitness facilities/gyms
Other health care specialists
Fitness supplies businesses